# IT-11.25: Daily Living Activities (DLA-20)

| **Tool Title** | **IT-11.25: Daily Living Activities** |
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| **Description** | DLA functional assessment tool is designed to assess what daily living areas are impacted by mental illness or disability. The assessment tool quickly identifies where outcomes are needed so clinicians can address those functional deficits on individualized service plans.  Intended to be used by all disabilities and ages. An Adult form exists for SMI and SPMI consumers over the age of 18. A youth form is available for consumers between the ages of 6 and 18. |
| **Setting** | Multiple |
| **NQF Number** | *None* |
| **Measure Steward or Survey Developer** | W.S.Presmanes, M.A., M.Ed., and R.L. Scott, PhD. |
| **Link to tool specifications** |  |
| **Link to survey** | Adult: <http://www.thenationalcouncil.org/galleries/resources-services%20files/DLA%20Sample.pdf>  Youth: <http://dmh.mo.gov/docs/mentalillness/DLA20Youth.pdf> |
| **Measure type** | Standalone |
| **Performance and Achievement Type** | Pay for Reporting (P4R)  Providers will report their baseline, DY4, and DY5 results using one of the following three scenarios. Providers will report which scenario has been selected as part of their survey administration description supporting documentation required for baseline reporting. Providers may not switch between scenarios in subsequent measurement years.  Scenario 1: Baseline includes pre and posttest scores   * In DY3, providers will report the average pretest score of all individuals who complete at least two surveys (pretest and posttest) since the beginning of DY1, with the most recent posttest survey completed during the baseline measurement period, AND the average most recent score of all individuals who completed at least two surveys (pretest and posttest) with the most recent posttest survey completed during baseline measurement period. In DY4 and DY5, providers will report the average most recent posttest score of individuals who completed at least two surveys (pretest and posttest) since the beginning of the baseline measurement period and whose most recent survey was completed during the measurement year.   Scenario 2: Baseline includes pretest scores only   * In DY3, provider will report the average pretest score for all pretests completed during the measurement year. In DY4 and DY5, provider will report the average most recent posttest score of individuals who completed at least two surveys (pretest and posttest) since the beginning of baseline reporting, with the most recent posttest survey completed during the measurement year.     Scenario 3: No pre/post testing methodology   * In DY3-5, provider will report the average score of all surveys completed during the measurement year.   For guidance on reporting selected scenarios, providers should follow the instructions contained in the “Reporting Guidelines for Pre and Posttest Tools” document located on the [Tools and Guidelines for Regional Healthcare Partnership Participants](http://www.hhsc.state.tx.us/1115-Waiver-Guideline.shtml) page under Category 3. |
| **Administration:** | **Mode:** Trained psychiatrists, clinicians, case managers, quality assurance officers, and human resource trainers may administer the survey  **Administration Time: 6 - 10 minutes**  **Language:** English  **Cost:** The DLA-20 is a copyrighted tool available for free use after a 3.5 hour training delivered via webinar by MTM Services and the National Council. |
| **Scoring** | If all 20 DLAs are rated, sum column and take ½ for estimated CGAS or  Step 1. Add scores from applicable column.  Step 2. Divide sum by number of activities actually rated. This is the **average DLA score**.  Step 3. To estimate CGAS, multiply the average DLA score by 10. Compare to Axis V and Lower GAF if consumer is symptomatic.  Step 4. +/- Change Score: subtract initial average DLA score (R1) from most recent rating (R2-R5).  DLA score can be converted to the GAF (Global Assessment of Functioning).  GFA scale:  91 - 100 No symptoms.  81 - 90 Absent or minimal symptoms  71 - 80 If symptoms are present, they are transient  61 - 70 Some mild symptoms  51 - 60 Moderate symptoms  41 - 50 Serious symptoms  31 - 40 Some impairment  21 - 30 Behavior is considerably influenced  11 - 20 Some danger of hurting  1 - 10 Persistent danger |
| **Tool Contacts** | MTM Services  Willa Presmanes, M.ED., MA  Senior Outcomes Consultant  Phone: (770) 396-6615  E-mail: MTMWilla@aol.com  Website: <http://www.mtmservices.org/> |
| **DSRIP-specific modifications to Measure Steward’s specification** | none |
| **Numerator Description** | Scenario 1: Baseline includes pre and posttest scores   * DY3:   + The sum total of the most recent score of individuals who completed at least two surveys (pre and posttest) during the baseline measurement period. For individuals who have completed two or more posttests, only the most recent survey score should be reported. AND   + The sum total of the pretest scores of all individuals who complete at least two surveys since the beginning of DY1 (pretest and posttest), with the most recent posttest survey completed during the baseline measurement period. * DY4 & DY5: The sum total of the most recent score of individuals who completed at least two surveys (pretest and posttest) since the beginning of baseline reporting, with the most recent survey completed during the reporting year. For individuals who completed two or more posttest surveys, only the most recent survey score should be reported.   Scenario 2: Baseline includes pretest scores only   * DY3: The sum total from all pretest surveys completed during the baseline measurement period. * DY4 & DY5: The sum total of the most recent score of individuals who completed at least two surveys (pretest and posttest) since the beginning of baseline reporting, with the most recent posttest survey completed during the reporting year. For individuals who have completed two or more posttest surveys, only the most recent score should be reported.   Scenario 3: No pre/post testing methodology   * DY3 - DY5: The sum of the "overall score" from all of surveys completed during the measurement period. |
| **Numerator Inclusions** | *The survey developer does not identify specific numerator inclusions beyond what is described in the numerator description.* |
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| **Denominator Description** | In all scenarios, the numerator and denominator should result in an average score.  Scenario 1: Baseline includes pre and posttest scores   * DY3: For both reported scores (pretest and posttest), the denominator will be the total number of individuals who have completed at least two surveys (pretest posttest) at the end of the baseline measurement period. * DY4 & DY5: The total number of individuals receiving at least two surveys (pretest and posttest) since the beginning of baseline reporting, with the most recent posttest survey completed during the reporting year.   Scenario 2: Baseline includes pretest scores only   * DY3: The total number of individuals completing pretest surveys during the baseline measurement period. * DY4 & DY5: The total number of individuals receiving at least two surveys since the beginning of baseline reporting, with the most recent survey completed during the reporting year.   Scenario 3: No pre/post testing methodology   * DY3-DY5: The total number of surveys completed during the measurement period |
| **Denominator Inclusions** | *The survey developer does not identify specific denominator inclusions beyond what is described in the denominator description.* |
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| **Denominator Size** | Providers must report a minimum of 30 cases per measure during a 12-month measurement period (15 cases for a 6-month measurement period)   * For a measurement period (either 6 or 12-months) where the denominator size is less than or equal to 75, providers must report on all cases. No sampling is allowed. * For a measurement period (either 6 or 12-months) where the denominator size is less than or equal to 380 but greater than 75, providers must report on a random sample of not less than 76 cases. * For a measurement period (either 6 or 12-months) where the denominator size is greater than 380, providers must report on a random sample of cases that is not less than 20% of all cases; however, providers may cap the total sample size at 300 cases. |
| **Allowable Denominator Sub-sets** | All denominator subsets are permissible for this outcome |
| **Optional Pretest Score Boundary** | Providers reporting this measure have the option of defining a pretest score boundary during their baseline measurement years to normalize their population throughout reporting years, where only individuals with a pretest score that falls within a specified range (one or two standard deviations from the baseline pretest mean) are included in calculations for baseline, DY4, and DY5 reporting. Providers using a pretest score boundary must follow the instructions included in the “Reporting Guidelines for Pre and Posttest Tools” document located on the [Tools and Guidelines for Regional Healthcare Partnership Participants](http://www.hhsc.state.tx.us/1115-Waiver-Guideline.shtml) page under Category 3. |
| **Reporting Survey Administration** | Providers will report details of their survey administration methodology and selected reporting scenario as supporting documentation submitted at baseline reporting. Providers will use the Survey Administration Form located on the [Tools and Guidelines for Regional Healthcare Partnership Participants](http://www.hhsc.state.tx.us/1115-Waiver-Guideline.shtml) page under Category 3. |
| **Additional Considerations for Providers** | For DSRIP reporting purposes, DLA-20 should be used by behavioral health projects to determine effectiveness of interventions for improvement functioning and reduction of symptoms.  The DLA-20 is a copyrighted tool available for free use after a 3.5 hour training delivered via webinar by MTM Services and the National Council.  Providers should for follow survey administration, sampling, and scoring guidelines, unless a DSRIP specific modification has been noted. Surveys are validated in their entirety and providers should plan on using as specified by the survey developer. |
| **Data Source** | Survey report/ Clinical data |